

Lesson: Just because things look like they're going wrong doesn't mean they are.

If you want to live a happy life, one of the most important things to internalize and make a part of your automatic thinking is this: *The Universe is totally devoted to supporting my well-being and providing me with opportunities to experience joy and fulfillment.* When you grok this, your entire experience of reality will reflect this by becoming easier and more magical-seeming. You will be in Easy World where the fun stuff happens.

When you're in Difficult World, you see everything through a Difficult World lens. Through this lens, you observe what are, at their core, neutral occurrences, but because they don't support your idea of how things are supposed to look if things are going "right," you interpret them as being indicators that something is wrong—that things are going wrong. Thus, that's what you experience. The more energy you put into the "things are going wrong" notion, the more things line up to provide a "things are going wrong" reality for you.

When you've had your attention grabbed by the Difficult World Dictator, whose agenda is keeping you ensconced in the "misery matrix" of Difficult World, things will tend to devolve so that you move more and more deeply into Difficult World. The situation will appear to get worse and worse until... you snap out of it and decide to be in Easy World. That changes everything. In an instant.

Once you're in Easy World, you will not only begin to comprehend that things are working out in your favor, you will experience it! Just as I was able to get myself into Easy World—even if only one toe was in there—at the Osaka airport, and tap into a "things are coming together to bless me" reality, you can decide to transform a "things are going wrong" experience into one of magical blessings. If I'd been able to perceive things at a high-enough level, I'd have seen that the events that looked like signs that things were going wrong were actually signs of something unimaginably cool in the works!

The very purpose of Easy World, the primordial matrix that was put in place to provide a context within which human beings could thrive, is to support your wholeness, happiness, and expansion. When you're in Easy World, that's what you experience! I wonder how many amazing, fabulous opportunities I've let pass me by because I was too caught up in Difficult World, thinking things were going wrong, instead of trusting, no matter the appearance of things, that things were actually happening to bless me.

So, whatever is going on, make a point of deciding that however it looks, even if it looks wrong to you, it's a sign that things are shaping up to be a blessing for you. And, of course, get yourself to Easy World so that will become obvious!

- ✦ Can you remember times in your life when you were sure everything was going wrong but then, in retrospect, saw that things were really happening to benefit you in the long run?
- ✦ Have you ever had the experience of turning a situation around by adopting a positive view of it even when things looked really dismal?

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